

Occupational Heterogeneity of Child Penalty in the United States

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Most recent draft [here](#).

Abstract

I investigate the extent to which the child penalty varies by occupation, the role of occupational heterogeneity in driving gender inequality, and the correlates of occupation-specific gender penalties. I document that fatherhood's average zero effect masks the fact that some occupations have large negative penalties and some have large positives. Even motherhood's large negative effect masks that some occupations have essentially zero or even positive penalties. Occupational change post-parenthood explains one-third of the income penalties for women and almost all for men. Availability of part-time work, not the flexibility of hours, is associated with lesser inequality in employment penalties.

JEL Classification: J16, J24, J31

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1 Introduction

Recent literature on gender inequality underscores the significance of child penalties: the disparate impact of parenthood on the labor market outcomes of women compared to men. In developed countries, these penalties explain a substantial portion of the gender inequality observed in the labor market (Kleven et al., 2019a,b, 2021a; Cortés and Pan, 2023). Another large literature has emphasized the role of occupations, and particularly the extent of temporal flexibility in occupations, in determining gender inequality in earnings (Bertrand et al., 2010; Goldin, 2014; Goldin and Katz, 2016). In this paper, I investigate the extent to which the child penalty varies by occupation, the role of occupational heterogeneity in driving gender inequality, and the correlates of occupation-specific gender penalties. I document that both women and men lose jobs in some occupations and gain jobs in others after parenthood. Occupational change post-parenthood explains one-third of the income penalties for women and almost all for men. Availability of part-time work, not the flexibility of hours, is associated with lesser inequality in employment penalties.

One challenge to investigating variation in child penalties by occupation is that the vast majority of work on the child penalty uses panel data, which typically do not have sufficient sample size to recover precise estimates of child penalties by sub-groups like occupation. I take advantage of the rotating panels in the Current Population Survey - which offer about a 100 times larger sample size than prior panel data sets that have been used to study the child penalty, such as the National Longitudinal Survey of Youth (NLSY) and the Panel Study of Income Dynamics (PSID) (Kleven et al., 2019b; Cortés and Pan, 2023; Kleven, 2023; Bang, 2022) - to estimate heterogeneity in child penalties across 22 major occupation groups, excluding military survey. One of the contributions of this paper is showing that datasets with rotating panels, which are both more prevalent and often substantially larger than panel datasets (Donovan et al., 2023), can be readily used to estimate child penalties with greater precision and without additional assumptions.

I document two new findings on the incidence of child penalties. First, the almost zero effect of fatherhood on men, which has been well established in the literature, hides striking heterogeneity: fatherhood causes men to *change* occupations. While men’s employment probability decreases by 1.36 percentage points (pp) or by 27% in Computer & Mathematics, it increases by 1.91 pp (29%) in Construction. The positive and negative fatherhood effects offset each other, leading to the almost zero estimate in the literature. Second, women experience employment declines in most occupations, but also gain jobs in others. For example, women become 4.1 pp (36%) less likely to work in Management, whereas their probability of working in Personal Care and Services goes up by 0.5 pp (22%). Overall, parenthood causes both genders to change occupations.

I further demonstrate that this occupational change is a significant and consistent component of the child income penalty. For example, between 1990 and 1994, motherhood reduced women’s income by approximately 29% conditional on working, with 6% of this reduction attributable to occupational changes. By 2015–2019, the overall income penalty decreased to 21%, but the occupational change component remained at 6%. In other words, there has been no change over the past 30 years that has affected the compositional component of the child income penalty for women.

Similarly, between 2015 and 2019, fatherhood reduced men’s income by around 12%, with 8% of this reduction due to occupational changes. Perhaps surprisingly, both men and women experience similar income losses from changing occupations after becoming parents. Therefore, child-induced occupational change does not contribute to the gender income gap in the US.

Lastly, I analyze which occupational attributes can explain the occupational heterogeneity in child penalties. I show that the availability of part-time work enables women to remain employed after giving birth, does not impact men, and consequently leads to more equal outcomes between men and women. In contrast, occupations with more temporal flexibility incur higher employment penalties for both men and women. Therefore, temporal flexibility does not lead to more equal outcomes in child employment penalties.

This paper contributes to a large literature studying gender inequality by connecting two strands, one studying the role of occupations in driving gender inequality in earnings (Bertrand et al., 2010; Goldin, 2014; Goldin and Katz, 2016), and another studying the impact of parenthood on parents’ labor market outcomes (Angrist and Evans, 1998; Angelov et al., 2016; Kleven et al., 2019b; Cortés and Pan, 2023).¹ On the former, Goldin (2014) was the first to argue that the organization of the workplace is a pivotal factor in determining the gender earnings gap across various occupations. Follow-up work provides further evidence that the temporal flexibility of jobs (Ciasullo and Uccioli, 2023) and the nonlinearity of the pay structure (Bütikofer et al., 2018) impacts the child penalty. This body of work focuses mostly on the *intensive margin*, i.e., the income gap between genders. I contribute to this literature in three ways. First, I document large differences in child penalties on the *extensive margin* across occupations in the US. Second, I show that people changing occupations after becoming parents constitutes a significant portion of the income penalties for both men and women. Third, I provide empirical evidence that the availability of part-time work, not the flexibility of hours, offsets the extensive margin effect of child penalties.

This paper also contributes methodologically to the research investigating the impact of parenthood on parents’ labor market outcomes (Angrist and Evans, 1998; Angelov et al., 2016; Kleven et al., 2019a,b; Cortés and Pan, 2023). Most related to the present paper, Kleven (2023) develops a new approach to estimating child penalties using cross-sectional data. His method employs matching techniques to predict who will eventually have a child among those without children and uses them as the control group. This pseudo-panel method needs stronger assumptions for identification due to the matching step. However, it enables studying child penalties across demographics and space as large cross-sectional data is widely available.² In contrast, the actual control group is observed in rotating panels. Hence, my method does not need any more identifying assumptions other than the standard *random timing of first child* assumption. My method enables heterogeneity analyses not only across demographics and space similar to Kleven (2023) but also across job characteristics such as occupations and industries, which is not doable using his approach. Our methods can thus be seen as strategic substitutes: when rotating panel data are available, researchers can use my

¹See Altonji and Blank (1999); Bertrand (2011); Blau and Kahn (2017) for excellent reviews.

²Using this method, Kleven (2023) studies heterogeneity in child penalties across the US states, and Kleven et al. (2022) study heterogeneity across the globe.

approach to explore child penalties across demographics and job characteristics.³ Conversely, when only cross-sectional data are available or when existing panel or rotating panel datasets are too small, researchers can use Kleven (2023)’s methodology to study child penalties.

2 Data

The primary dataset used in this paper is the basic monthly files of the Current Population Survey (CPS) downloaded from IPUMS between the years 1977–2019. The main outcomes of interest are employment and income. The event time is determined using information on the age of the oldest child living in the household. People who had their first child in the second round of interviews are assigned event time $t=-1$ for the observations during the first round, which occurs at least eight months prior. Following the literature standards, the sample is restricted to parents who had their first child between the ages of 25 and 45. I further restrict the data to people who appear in both rounds to keep the treatment and control groups (those with and without children) comparable. The final dataset consists of 474,034 unique parents and 3,078,598 person-month observations.

The event study specification using CPS is validated against the same specification using the National Longitudinal Survey of Youth (NLSY) and the Panel Study of Income Dynamics (PSID). The working samples from these datasets have 3,649 and 3,443 unique parents, respectively. The comparison is performed only for weekly employment because the income-related questions in monthly CPS do not match those in NLSY and PSID.⁴

Occupational heterogeneity is analyzed across the 22 major occupation groups following SOC guidelines. Military occupations are excluded from the investigation.

The temporal flexibility of occupations is calculated using the Work Schedules Supplement of the CPS as the ratio of people who state that they can vary when they begin and end the work day. These surveys were conducted over 12 years between 1976 and 2004 and include about 1.6 million observations in total. The availability of part-time work is calculated using monthly CPS as the ratio of people who work part-time in a given occupation.

3 Identification

3.1 Event study approach

The event-study approach of estimating child penalty uses panel data on men and women who become parents. The following specification is run separately for men and women:

$$Y_{iat}^g = \sum_{j \neq -1} \beta_j^g \Delta D_{i,t-j} + \mu_a^g + \lambda_t^g + \epsilon_{it}^g \quad (1)$$

³Rotating panel labor force surveys are also available across various countries, albeit not as frequently as cross-sectional datasets (Donovan et al., 2023).

⁴Specifically, basic monthly CPS collects information on weekly income, whereas NLSY and PSID collect information on annual income.

where Y_{iat}^g is the outcome for individual i of age a and gender $g = w, m$ at event time t , $\Delta D_{i,t} = 1$ if individual i had first child in time t , μ_a and λ_t are age and year fixed effects that control non-parametrically for lifecycle trends and time trends. The identification assumption is that controlling for age and calendar time fixed effects, the timing of having children is exogenous to potential labor market outcomes of parents. Consistent with this assumption, the event study approach shows little to no pre-trends in the five years before having a child for both men and women (Kleven et al., 2019a). This approach has been widely used to study the effect of the first child on parents' labor market outcomes (Kleven et al., 2019b, 2021b,a; Cortés and Pan, 2023).

The methodological innovation introduced in this paper is predicated on the already established absence of pre-trends in the data, which simplifies the data requirements to just the year before the first child ($t=-1$). Rotating panels like the CPS, where individuals are interviewed in two rounds with a significant time interval in between (eight months in the case of CPS), are then sufficient to estimate equation 1. Consider an individual who is not a parent during the first round but becomes a parent during the second round of interviews. In the first round, we observe this person at least eight months before having a child, which is enough to index them as $t = -1$. This setup enables the implementation of the event study specification as outlined by Kleven et al. (2019a).⁵

To validate this approach, I compare estimates from CPS with estimates from NLSY and PSID, the two available panel datasets in the US that have been used to study child penalties (Kleven et al., 2019b; Cortés and Pan, 2023; Kleven, 2023; Bang, 2022). I estimate equation 1 using CPS, NLSY, and PSID separately. Robust standard errors are used following literature standards. Figure 1 displays the results. The point estimates from CPS are highly comparable to those from PSID and NLSY, which provides strong credibility for this method. On average, we find that women lose more jobs than men by 29% using PSID and 24% using NLSY. Using CPS reveals an estimate between the two, a child penalty of 25%. The main difference is that the estimates using CPS are much more precise than those using NLSY and PSID. In fact, the 95% confidence intervals of the CPS estimates are practically invisible in the figure.

I use the event study approach only to validate CPS as an applicable dataset to study child penalty. After validation, I continue by estimating occupation-specific child penalties.

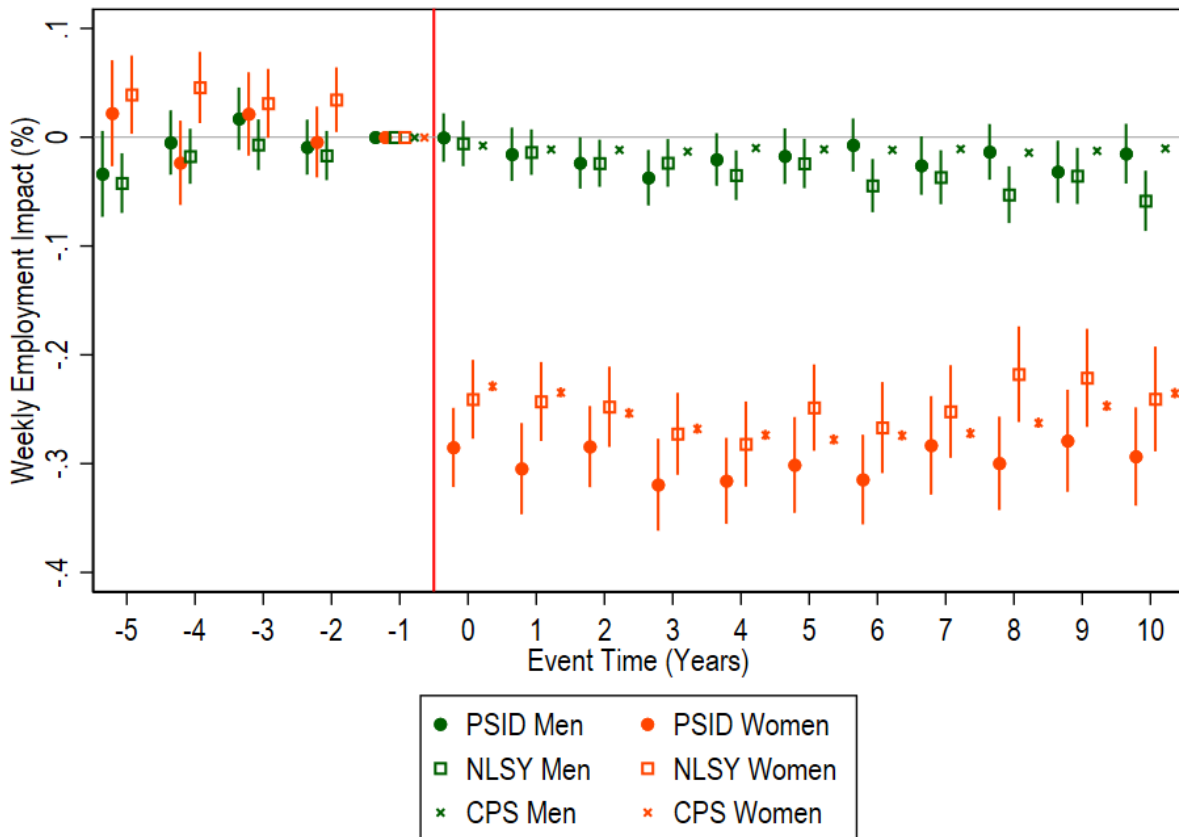
3.2 Differences in means design

One limitation of CPS is that the inability to observe people over two years makes it impossible to condition on occupation in the pre-period and estimate any effect after event time $t=0$. To make progress, I estimate extensive margin effects using the following design:

$$\text{Extensive Margin : } \text{Employment}_{o,iat}^g = \beta_o^g D_{it} + \mu_{o,a}^g + \lambda_{o,t}^g + \epsilon_{o,it}^g \quad (2)$$

⁵Using the “panel” nature of CPS is not novel in the Economics literature, going as far back to Poterba and Summers (1986). However, how the CPS can be used to estimate child penalties has not been shown before. This is likely because the literature on child penalty focuses on long-term effects (as far as ten years after the first child), while the same individual is observed for up to only sixteen months in CPS. My method enables me to study the long-term effects precisely because it does not exploit changes in the outcome within a person. To estimate child penalty, we only need to observe $t = -1$ for *some*, not all people in the data.

Figure 1: CPS vs NLSY and PSID



Estimates come from the regression equation $Y_{iat}^g = \sum_{j \neq -1} \beta_j^g \Delta D_{i,t-j} + \mu_a^g + \lambda_t^g + \epsilon_{it}^g$, where Y_{iat}^g is the outcome for individual i of age a and gender $g = w, m$ at event time t , $\Delta D_{i,t} = 1$ if individual i had first child in time t , μ_a and λ_t are age and year fixed effects that control non-parametrically for lifecycle trends and time trends. Percentage estimates are obtained by dividing the level estimates β_j^g with predicted outcome absent child effects. The difference in child penalties across men and women (which is often referred to as *the child penalty* in the literature) is estimated as 24% using NLSY, 29% using PSID, and 25% using CPS.

where $Employment_{o,iat}^g$ is a dummy equaling to one if individual i of gender g is employed in occupation o at time t . For each gender $g = m, w$, I run different regressions using the same sample, where I change only the outcome (if person i is working as a manager, $Employment_{o,iat}^g$ equals to one only for occupation $o = Manager$, and zero otherwise). To obtain percentage estimates, I divide the level estimates β_o^g with predicted outcome absent child effects:⁶

$$P_o^g = \frac{\hat{\beta}_o^g}{E[\tilde{Y}_{o,iat}^g]} \quad (3)$$

where $\tilde{Y}_{o,iat}$ is the predicted employment rate when omitting the contribution of the child effect.

⁶An alternative would be to employ Poisson regression. I use linear regression mainly to follow literature standards.

4 Results

4.1 Child Penalties Across Occupations

Figure 2 displays child penalty estimates for men and women across the 22 major occupational groups, excluding Military Service, sorted by the penalty’s impact on women. Figure 2a illustrates the effect of children on employment probabilities within each occupation, revealing a considerable heterogeneity in child penalties for both genders. There are three main takeaways from this figure.

First, women experience statistically significant employment declines in 14 out of 22 occupations, no significant change in employment probability in 5 occupations, and significant increases in 3 occupations. For example, women become 4.1 percentage points (pp) less likely to work in Management, whereas their probability of working in Personal Care and Services increases by 0.5 percentage points.

Second, the almost zero employment penalty on men for having children, which has been well documented in the literature, masks a significant heterogeneity across occupations. Men experience statistically significant decreases in employment probability in 10 occupations, no significant change in 5 occupations, and significant increases in 7 out of 22 major occupations. For instance, fathers are 1.4 pp less likely to work in Computer and Mathematics, whereas they are 1.9 pp more likely to work in Construction and Transportation compared to similar men without children.

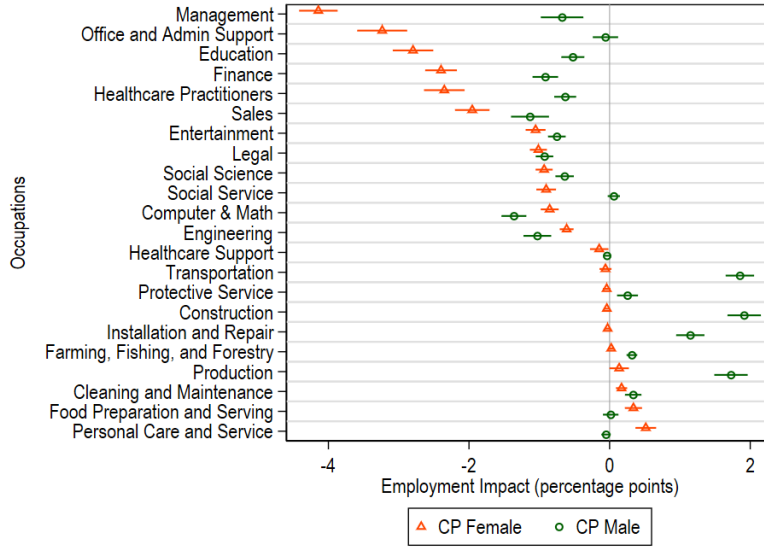
Third, the heterogeneity across occupations in child penalties for women is greater than the largest within-occupation difference between genders, highlighting the magnitude of the occupational heterogeneity in child penalties. The most notable within-occupation disparity in percentage points occurs in Management roles, where the likelihood of women holding a management position declines by 4.1 pp, compared to a mere 0.7 pp decline for men, resulting in a 3.4 pp difference in the within-occupation penalties between men and women. In comparison, the largest difference in penalties for women across occupations is between Personal Care and Management. In the former, women’s employment probability increases by 0.5 pp, leading to a 4.6 pp difference in treatment effects.⁷

One shortcoming of studying the employment effects in levels is that the baseline employment rates can skew the results. To address this, Figure 2b presents the employment penalties in percentages. Results remain robust. There is a significant heterogeneity in child penalties across major occupations for both sexes. In percentage terms, women lose most jobs in Engineering, Legal, and Social Science Occupations while seeing job gains in Personal Care, Food Preparation, and Cleaning occupations.

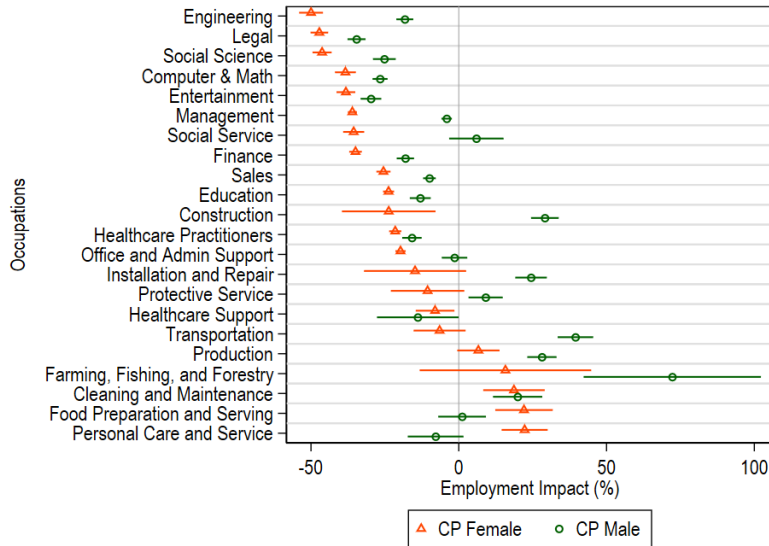
It should be noted that these results come from 22 separate regressions for each gender. Therefore, inferences from these regressions are potentially subject to problems related to testing multiple hypotheses. To address this issue, Appendix Figure A.2 plots the 95% confidence intervals after applying Bonferroni correction. Since parameters are precisely estimated, this conservative correction

⁷The heterogeneity across occupations in child penalties for men is almost equal to the largest within-occupation difference between genders. While men’s employment probability decreases by 1.4 pp in Computer & Mathematics, it increases by 1.9 pp in Construction, creating a 3.3 pp difference across occupations.

Figure 2: Occupational Heterogeneity in Child Penalty



(a) Employment Penalties (in pp)



(b) Employment Penalties (in %)

Note: Results on employment come from the regression $Emp_{o,iat}^g = \beta_o^g D_{it} + \mu_{o,a}^g + \lambda_{o,t}^g + \epsilon_{o,it}^g$, where $Emp_{o,iat}^g$ is a dummy equaling to one if individual i of gender g is employed in occupation o at time t , μ_a and λ_t are age and year fixed effects that control non-parametrically for lifecycle trends and time trends. Superscripts mean sample restrictions. For each gender $g = m, w$, 22 separate regressions are run for each occupation-specific outcome. Robust standard errors are used to calculate the 95% confidence intervals. To obtain percentage estimates, I divide the level estimates β_o^g with predicted outcome absent child effects: $P_o^g = \frac{\hat{\beta}_o^g}{E[\tilde{Y}_{o,iat}^g]}$, where $\tilde{Y}_{o,iat}^g$ is the predicted employment rate when omitting the contribution of the child effect. Standard errors for percentage effects are calculated using the Delta method. 95% confidence intervals are plotted.

does not alter inference. For example, men’s null effect in the aggregate still hides a statistically significant negative and positive penalties for different occupations.

Notably, both men and women show substantial employment gains in Farming-related occupations. However, these results are not precise because only a few men and women work in this occupation at baseline. This is a common problem in heterogeneity analyses: as the number of observations gets smaller in each subgroup, extreme observations become more likely due to increased variance. To address these concerns, in the Online Appendix I adjust these estimates using Empirical Bayes. Figure B.3 displays the 95% confidence intervals of the posterior distribution of the occupation-specific child penalties. Results remain robust: I document economically meaningful differences in child penalties across occupations for both men and women. The reason why empirical bayes shrinkage does not move the OLS estimates by much (except for Farming-related occupations) is explained in more detail in Section B of the Online Appendix.⁸

Overall, Figure 2 shows that the average employment effect of having children hides economically meaningful heterogeneity across occupations. Documenting this heterogeneity was not feasible with the available panel datasets like PSID and NLSY. Using rotating panels like CPS enables me to study occupational heterogeneity, enhancing our understanding of how child penalties manifest across different sectors of the economy.

Appendix Figure A.1 displays the heterogeneity of child penalties in income and hours (conditional on working). They show that women lose income and hours across nearly all occupations, whereas men lose income and hours only a few occupations, if any.

What should we infer from the differences in child penalties in levels and percentages, as is depicted in Figures 2a and 2b? The employment penalty in levels impacts occupations’ role in the gender gap in earnings. For example, Management is the third highest-paid occupation on average throughout the sample period. As women lose more Management jobs than men after becoming parents, women end up losing more income, increasing the raw gender gap in earnings. I explore this mechanism in Section 4.3. The employment penalty in percentages matters in understanding which occupational attributes can explain the magnitude of penalties. For example, women become 50% less likely to work in Engineering and become 20% more likely to work in Food Preparation and Serving related occupations. At baseline (among eventual parents the year before having a child), only 2% of Engineering jobs were part-time as opposed to 29% for Food Preparation and Serving, indicating that the availability of part-time jobs can explain the heterogeneity in child penalties. I explore this mechanism in Section 4.2.

4.2 What explains the heterogeneity across occupations?

This section examines which attributes of occupations can explain the heterogeneity of child penalties. This is an underpowered analysis as I only have 22 data points from 22 occupations. For example, any linearly independent 22 attributes would fully explain the variation in child penal-

⁸The main intuition is that the data have high signal to noise ratio: The standard deviation in OLS estimates across occupations is substantially higher than the standard errors of OLS estimates for each occupation.

ties, yet we would learn nothing from such an exercise. To make progress, I show the bivariate relationship between child penalties and only two occupational attributes that are motivated by the literature: (1) the proportion of individuals who report that their job/occupation offers flexible working hours (shortly denoted as temporal flexibility hereafter), and (2) the availability of part-time work.⁹ These attributes are calculated using individuals without kids. Results reported in this section are robust to calculating these measures using all workers or eventual parents the year before they have a child. These are reported in the Online Appendix.

Figure 3 shows the six scatterplots of child penalties (on women, men, and the difference between men and women) and the measures of flexibility and part-time work. Figure 3a shows that women, perhaps surprisingly, lose more jobs after motherhood in occupations that allow for more temporal flexibility. In contrast, Figure 3b shows that women lose most jobs in occupations that do not allow for part-time work and gain jobs in occupations that allow for most part-time work. These results imply that it might be the lack of part-time work, not the inflexibility of hours, that causes the employment penalties on women.

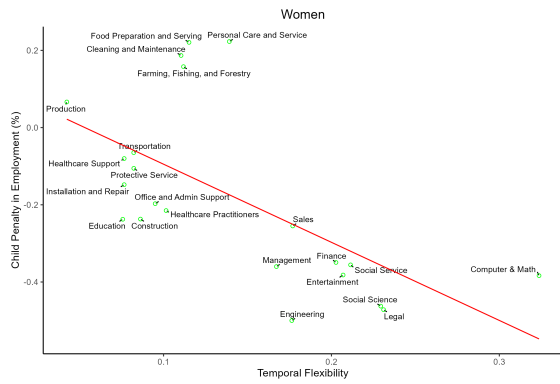
Figures 3c and 3d replicate this analysis on the employment penalties on men. We see that men, like women, lose more jobs in occupations that allow for more temporal flexibility, whereas there is no relationship between male employment penalty and availability of part-time work. Figures 3e and 3f replicate this analysis for the standard definition of child penalty: the difference in penalties between men and women. We see that flexibility of hours is not correlated with the inequality-inducing part of the child penalty: the slope of the linear line between child penalties and flexibility of occupations is similar for both men and women, leading to a null relationship between the differences in penalties between the two sexes and the temporal flexibility of such occupations. In contrast, I document that the availability of part-time work is negatively correlated with the inequality-inducing part of child penalties. This is expected as women incur lesser penalties in occupations that allow for part-time work, and men are unimpacted. Therefore, there is less inequality between men and women in child employment penalties in occupations with more part-time availability.

Online Appendix Figure B.6 replicates this analysis using Empirical Bayes estimates of child penalties instead of OLS estimates. The results remain robust. Both men and women experience greater job loss after becoming parents in occupations that offer more temporal flexibility. Consequently, the inequality-inducing aspect of the child penalty (i.e., the relative impact on women compared to men) remains unchanged. Conversely, women lose fewer jobs in occupations with greater part-time availability, while men are largely unaffected. As a result, there is a smaller gender difference in job loss in occupations with more part-time availability.

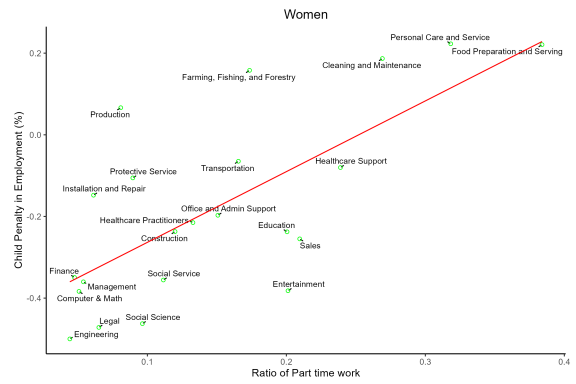
Appendix Table A.1 extends this analysis in three ways. First, it reports the coefficient estimates from bivariate regressions (at occupation level) of child penalties on occupation attributes, i.e., the slopes of the linear lines plotted on each panel of Figure 3. Regressions enable the reader

⁹Temporal flexibility is motivated by Goldin’s seminal work, which shows that the gender gap in pay has decreased predominantly in the occupations that allowed workers more control over their time (Goldin, 2014; Goldin and Katz, 2016).

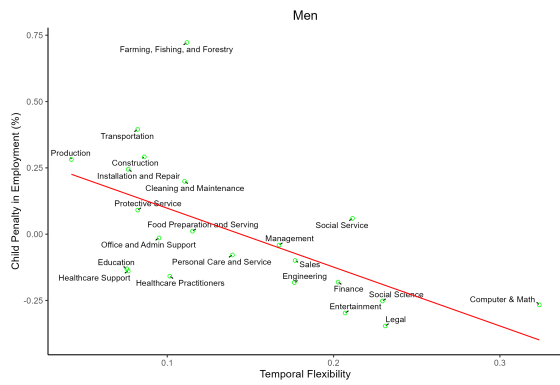
Figure 3: Correlates with Occupation-level Child Penalties



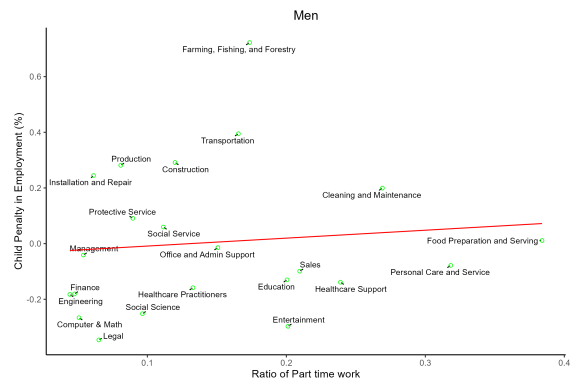
(a) Female penalty: hour flexibility



(b) Female penalty: availability of part-time



(c) Male penalty: hour flexibility



(d) Male penalty: availability of part-time



(e) Child penalty: hour flexibility



(f) Child penalty: availability of part-time

Notes: The occupational correlates are (1) the ratio of people who state that their job provides hour flexibility and (2) the ratio of part-time workers. These attributes are calculated using the sample of all workers without kids in the CPS.

to quantify these slopes' magnitude and statistical significance. Second, it expands the list of dependent variables by including the child penalties in income and hours. Third, it expands the list of explanatory variables by including the ratio of women working in each occupation. The notable finding from this analysis is that occupations with a higher proportion of part-time work

experience more significant reductions in income and hours for women post-birth, although the results on income are less precise. The higher availability of part-time positions likely enables women to remain employed while transitioning to fewer hours. Although this shift helps maintain employment, it naturally reduces income due to fewer hours worked. The significance of part-time work in this context underscores its dual role: it acts as a facilitator for continued employment among women post-childbirth and as a factor in the decrease in overall income and hours worked conditional on being employed.¹⁰

The main takeaway from this section is that the availability of part-time work enables women with children to remain employed after giving birth, does not impact men, and hence leads to more equal outcomes between men and women. In contrast, occupations with more temporal flexibility incur higher employment penalties for both men and women. Therefore, temporal flexibility does not lead to a more equal outcome in child employment penalties.

This evidence builds on Goldin’s seminal work showing that the temporal flexibility of occupations is crucial in reducing the remaining gender inequality in the labor market (Goldin, 2014; Goldin and Katz, 2016). This literature often focuses on workers and, therefore, abstracts away from the extensive margin impact of childbearing. However, equality of opportunities in the labor market requires advances on both the intensive and extensive margins. Parenthood causes women to leave employment by approximately 25% more than men, but it does so more in occupations where part-time work is less available. Changes in work arrangements that allow for more part-time work can lead to more equal outcomes between men and women *unconditional* on being employed. Note that this can also lead to wider income gaps *conditional* on employment.

4.3 Decomposition of Income Penalty

This section delves into the effects of child-induced occupational change on the child income penalty. Specifically, I estimate the child income penalty on men and women, with and without controlling for 22 major occupation groups, as outlined in equation 4. β_1^g captures the average effect of having the first child on income, conditional on employment. β_2^g captures the *within occupation* child income penalty, accounting for the occupational change that both men and women undergo after having children. The differential $\beta_1^g - \beta_2^g$ highlights the influence of these occupational changes on the overall income penalty, indicating how much of the penalty is due to changes in occupations versus income losses within the same occupation.

$$\begin{aligned} \ln(\text{Income}_{iat}^g) &= \beta_1^g D_{it} + \mu_a^g + \lambda_t^g + \epsilon_{it}^g \\ \ln(\text{Income}_{iat}^g) &= \beta_2^g D_{it} + \mu_a^g + \lambda_t^g + \theta^g \text{Occ}22_i + \epsilon_{it}^g \end{aligned} \tag{4}$$

To assess the evolution of these dynamics over time, I calculate these penalties separately for men and women from 1982 to 1990 and for each five-year interval from 1990 to 2019. This longi-

¹⁰Online Appendix Tables A.2 and A.3 show that these results remain robust to defining the explanatory variables using all workers and eventual parents the year before they had a child.

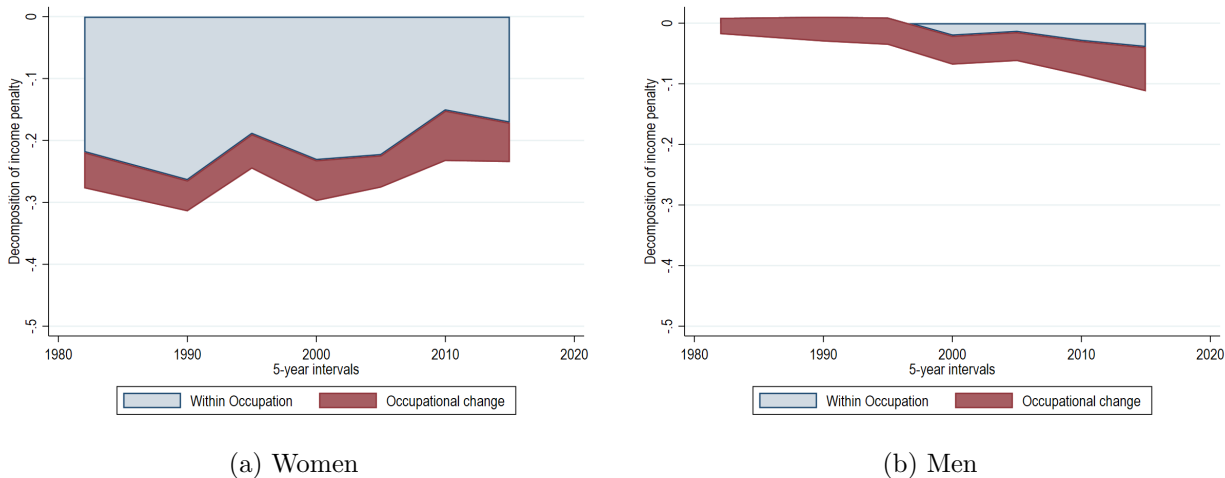
tudinal approach allows me to observe how the child income penalties and the role of occupational adjustments have shifted over the past two and a half decades.

Figure 4 illustrates the evolving dynamics of the income penalty associated with parenthood, segmented by gender and factoring in the impact of occupational change. The analysis reveals several key trends. Historically, from 1980 to 2000, women faced an income penalty of approximately 29% following the birth of a child. This penalty has since decreased to around 21%. Notably, occupational change post-childbirth has contributed around 6% throughout this period. This has two implications. First, approximately one-third of the child income penalty for women since 2010 can be explained by the occupational change induced by motherhood. Second, all the reductions in the child income penalty have come from the within-occupation component. There has been no change in the impact of child-induced occupational change on women’s income.

In contrast, during the 1980s and 1990s, men experienced only negligible income penalties after becoming fathers. However, this trend shifted in the 2000s, with the penalty rising to about 8% between 2000 and 2015 and further increasing to 12% in the period from 2016 to 2019. A substantial portion of this increase can be attributed to men changing occupations after becoming fathers. The within-occupation component of the income penalty began to manifest in the early 2000s and has only slightly intensified since then.

Interestingly, the similar magnitudes of the occupational change component in the income penalties for both men and women indicate that occupational change does not exacerbate gender inequality in terms of income penalties. Rather, it impacts both genders similarly.

Figure 4: Decomposition of Income Penalty overtime



Note: Within occupation estimates come from the regression: $\ln(\text{Income}_{iat}^g) = \beta_1^g D_{it} + \mu_a^g + \lambda_t^g + f_{occ}^g + \epsilon_{it}^g$, where $\ln(\text{Income}_{iat}^g)$ is the log-income of individual i of age a at time t from gender g , μ_a and λ_t are age and year fixed effects that control non-parametrically for lifecycle trends and time trends, f_{occ} is an occupation fixed effect. To obtain the occupational change estimate, I first estimate the income penalty without controlling for occupations from the regression: $\ln(\text{Income}_{iat}^g) = \beta_2^g D_{it} + \mu_a^g + \lambda_t^g + \epsilon_{it}^g$. The income penalty that comes from occupational change is calculated by the difference between the two regression estimates: $\hat{\beta}_2^g - \hat{\beta}_1^g$.

5 Conclusion

This paper explores how the child penalty differs across occupations, the impact of occupational heterogeneity of child penalties on gender inequality, and the correlates of occupation-specific gender penalties. The average zero effect of fatherhood conceals significant variations, with some occupations experiencing substantial negative penalties and others showing large positive ones. Similarly, the overall negative effect of motherhood hides the fact that in certain occupations, penalties are minimal or even positive. This occupational change accounts for one-third of the income penalties for women and nearly all for men. Notably, part-time availability, rather than hour flexibility, is linked to reduced inequality in child employment penalties.

To obtain these results, I demonstrate how datasets with rotating panels, like the Current Population Survey, can readily be used to estimate child penalties with precision and without additional assumptions. This approach allows researchers to explore child penalties across individual and job characteristics while relying on the same identification assumptions as the existing literature based on panel data. Future work can use this method to investigate the sources of child penalties and help uncover the mechanisms behind gender inequalities in labor markets.

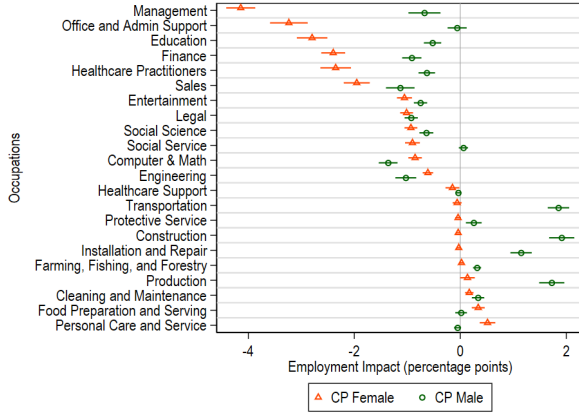
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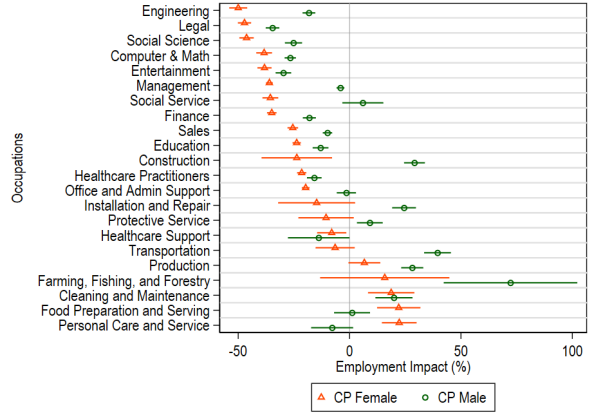
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A Online Appendix

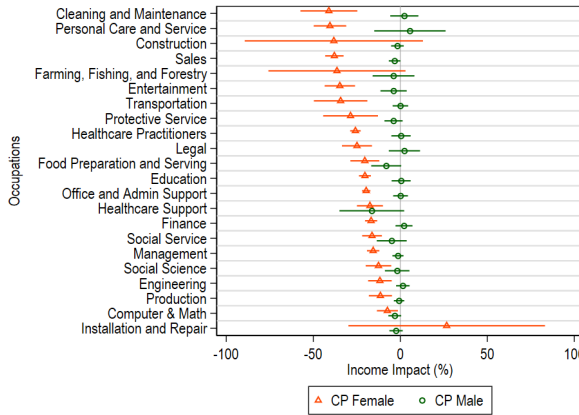
Figure A.1: Occupational Heterogeneity in Child Penalty



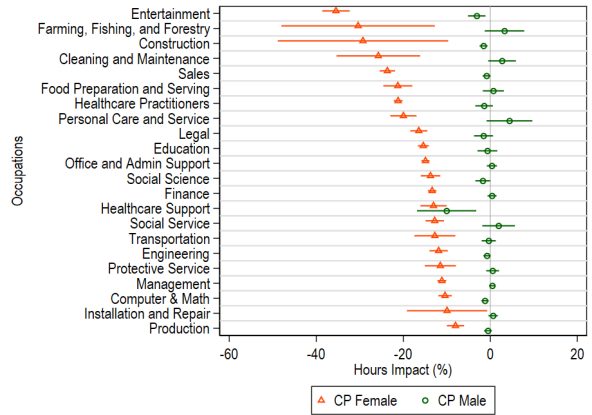
(a) Employment (in pp)



(b) Employment (in %)



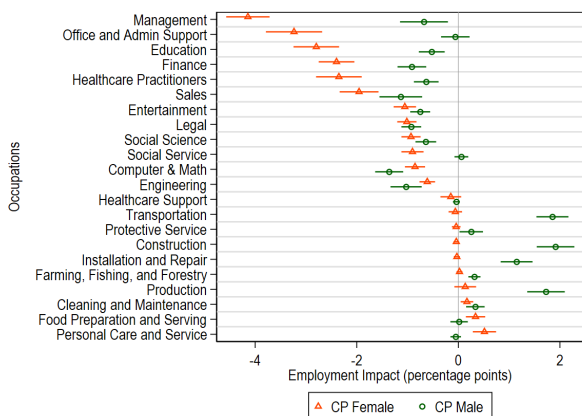
(c) Income (in %)



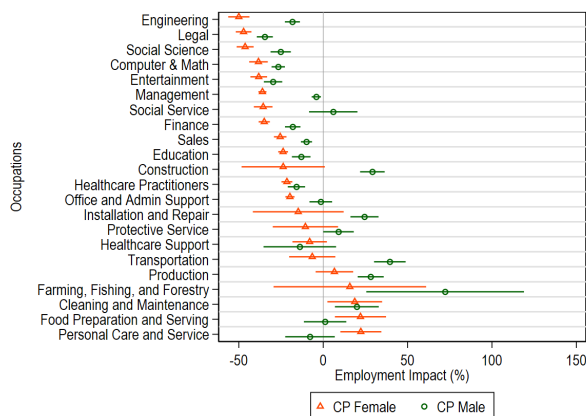
(d) Hours (in %)

Note: Results on employment come from the regression $Emp_{o,iat}^g = \beta_o^g D_{it} + \mu_{o,a}^g + \lambda_{o,t}^g + \epsilon_{o,it}^g$, where $Emp_{o,iat}^g$ is a dummy equaling to one if individual i of gender g is employed in occupation o at time t , μ_a^g and λ_t^g are age and year fixed effects that control non-parametrically for lifecycle trends and time trends. Superscripts mean sample restrictions. For each gender $g = m, w$, 22 separate regressions are run for each occupation-specific outcome. To obtain percentage estimates, I divide the level estimates β_o^g with predicted outcome absent child effects: $P_o^g = \frac{\hat{\beta}_o^g}{E[\tilde{Y}_{o,iat}^g]}$, where $\tilde{Y}_{o,iat}^g$ is the predicted employment rate when omitting the contribution of the child effect. Results on income and hours come from the regression $\ln(Y_{iat}^{o,g}) = \gamma^{o,g} D_{it} + \mu_a^{o,g} + \lambda_t^{o,g} + \epsilon_{it}^{o,g}$, where the outcome is either the log income or the log hours worked of an individual i at time t . $\hat{\gamma}^{o,g}$ estimates come from 44 different samples for each occupation-gender combination. 95% Confidence intervals are plotted.

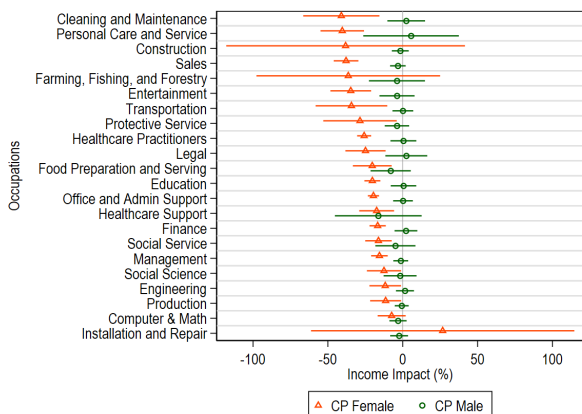
Figure A.2: Occupational Heterogeneity in Child Penalty (Bonferroni corrected confidence intervals)



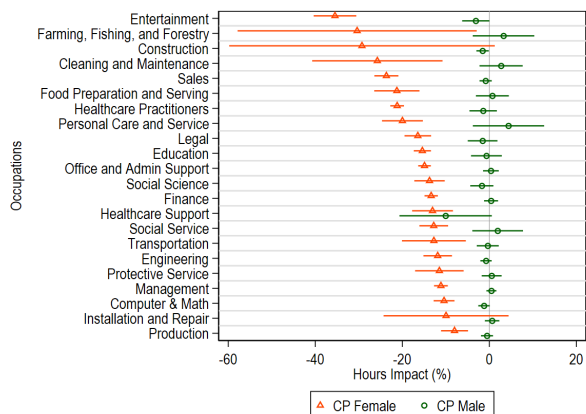
(a) Employment (in pp)



(b) Employment (in %)



(c) Income (in %)



(d) Hours (in %)

Note: Results on employment come from the regression $Emp_{o,iat}^g = \beta_o^g D_{it} + \mu_{o,a}^g + \lambda_{o,t}^g + \epsilon_{o,it}^g$, where $Emp_{o,iat}^g$ is a dummy equaling to one if individual i of gender g is employed in occupation o at time t , μ_a and λ_t are age and year fixed effects that control non-parametrically for lifecycle trends and time trends. Superscripts mean sample restrictions. For each gender $g = m, w$, 22 separate regressions are run for each occupation-specific outcome. To obtain percentage estimates, I divide the level estimates β_o^g with predicted outcome absent child effects: $P_o^g = \frac{\hat{\beta}_o^g}{E[\tilde{Y}_{o,iat}^g]}$, where $\tilde{Y}_{o,iat}$ is the predicted employment rate when omitting the contribution of the child effect. Results on income and hours come from the regression $\ln(Y_{iat}^{o,g}) = \gamma^{o,g} D_{it} + \mu_a^{o,g} + \lambda_t^{o,g} + \epsilon_{it}^{o,g}$, where the outcome is either the log income or the log hours worked of an individual i at time t . $\hat{\gamma}^{o,g}$ estimates come from 44 different samples for each occupation-gender combination. 95% Confidence intervals are plotted after adjusting the critical values using Bonferroni correction.

Table A.1: Correlates with Occupation-level Child Penalties
Sample: Workers without children

	Women			Men			Inequality: Men - Women		
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Panel A: Employment (in %)									
Hour flexibility	-2.024*** (0.430)			-2.220*** (0.531)			-0.196 (0.427)		
Share of part time		1.732*** (0.294)			0.285 (0.407)			-1.447*** (0.322)	
Share of women			0.005 (0.171)			-0.586*** (0.179)			-0.591*** (0.142)
Panel B: Income									
Hour flexibility	0.148 (0.460)			0.070 (0.123)			-0.078 (0.502)		
Share of part time		-0.808** (0.373)			-0.106 (0.133)			0.701 (0.458)	
Share of women			-0.092 (0.183)			-0.024 (0.056)			0.068 (0.204)
Panel C: Hours									
Hour flexibility	0.018 (0.234)			0.001 (0.074)			-0.016 (0.250)		
Share of part time		-0.399*** (0.121)			0.023 (0.071)			0.423*** (0.138)	
Share of women			0.005 (0.065)			-0.028 (0.036)			-0.032 (0.080)

Notes: Each column shows the estimates of a regression $\hat{\beta}_o = \gamma_0 + \delta W_o + \eta_o$, where $\hat{\beta}_o$ represents the estimated occupation-specific child penalty, and W_o is a vector of occupation attributes, which are (1) the ratio of people who state that their job provides hour flexibility, (2) the ratio of women, and (3) the ratio of part time workers. These attributes are calculated using the sample of all workers without kids. In Panel A, the outcome is the employment penalty estimate in percentages coming from the regression $Emp_{o,iat}^g = \beta_o^g D_{it} + \mu_{o,a}^g + \lambda_{o,t}^g + \epsilon_{o,it}^g$, where $Emp_{o,iat}^g$ is a dummy equaling to one if individual i of gender g is employed in occupation o at time t , μ_a and λ_t are age and year fixed effects that control non-parametrically for lifecycle trends and time trends. Percentage effects are calculated by dividing $\hat{\beta}_o^g$ by the predicted outcome absent child effects: $P_o^g = \frac{\hat{\beta}_o^g}{E[Y_{o,iat}^g]}$. In Panels B and C, the outcome variable is the income and hour penalty estimate coming from the regression $\ln(Y_{iat}^{o,g}) = \gamma^{o,g} D_{it} + \mu_a^{o,g} + \lambda_t^{o,g} + \epsilon_{it}^{o,g}$. Robust standard errors are shown in parenthesis. * $p < 0.10$, ** $p < 0.05$, *** $p < 0.01$

Table A.2: Correlates with Occupation-level Child Penalties
Sample: All workers

	Women			Men			Inequality: Men - Women		
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Panel A: Employment (in %)									
Hour flexibility	-1.884*** (0.391)			-2.009*** (0.491)			-0.126 (0.417)		
Share of part time		1.516*** (0.318)			0.022 (0.383)			-1.493*** (0.280)	
Share of women			0.124 (0.159)			-0.465*** (0.159)			-0.590*** (0.130)
Panel B: Income									
Hour flexibility	0.100 (0.422)			0.067 (0.108)			-0.032 (0.457)		
Share of part time		-0.748** (0.347)			-0.092 (0.130)			0.657 (0.429)	
Share of women			-0.117 (0.170)			-0.024 (0.054)			0.093 (0.192)
Panel C: Hours									
Hour flexibility	0.002 (0.215)			-0.002 (0.063)			-0.003 (0.224)		
Share of part time		-0.382*** (0.119)			0.012 (0.073)			0.395*** (0.137)	
Share of women			-0.013 (0.059)			-0.021 (0.035)			-0.008 (0.075)

Notes: Each column shows the estimates of a regression $\hat{\beta}_o = \gamma_0 + \delta W_o + \eta_o$, where $\hat{\beta}_o$ represents the estimated occupation-specific child penalty, and W_o is a vector of occupation attributes, which are (1) the ratio of people who state that their job provides hour flexibility, (2) the ratio of women, and (3) the ratio of part time workers. These attributes are calculated using the sample of all workers. In Panel A, the outcome is the employment penalty estimate in percentages coming from the regression $Emp_{o,iat}^g = \beta_o^g D_{it} + \mu_{o,a}^g + \lambda_{o,t}^g + \epsilon_{o,it}^g$, where $Emp_{o,iat}^g$ is a dummy equaling to one if individual i of gender g is employed in occupation o at time t , μ_a and λ_t are age and year fixed effects that control non-parametrically for lifecycle trends and time trends. Percentage effects are calculated by dividing $\hat{\beta}_o^g$ by the predicted outcome absent child effects: $P_o^g = \frac{\hat{\beta}_o^g}{E[\hat{Y}_{o,iat}^g]}$. In Panels B and C, the outcome variable is the income and hour penalty estimate coming from the regression $\ln(Y_{iat}^{o,g}) = \gamma^{o,g} D_{it} + \mu_a^{o,g} + \lambda_t^{o,g} + \epsilon_{it}^{o,g}$. Robust standard errors are shown in parenthesis. * $p < 0.10$, ** $p < 0.05$, *** $p < 0.01$

Table A.3: Correlates with Occupation-level Child Penalties
Sample: Eventual parents before children

	Women			Men			Inequality: Men - Women		
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Panel A: Employment (in %)									
Hour flexibility	-0.638 (0.414)			-0.485 (0.577)			0.153 (0.406)		
Share of part time		1.903*** (0.374)			0.001 (0.418)			-1.902*** (0.296)	
Share of women			-0.003 (0.157)			-0.495*** (0.152)			-0.492*** (0.139)
Panel B: Income									
Hour flexibility	-0.081 (0.268)			0.091 (0.089)			0.172 (0.312)		
Share of part time		-0.740* (0.419)			-0.158 (0.198)			0.582 (0.558)	
Share of women			-0.068 (0.151)			-0.022 (0.051)			0.046 (0.172)
Panel C: Hours									
Hour flexibility	-0.085 (0.148)			0.047 (0.055)			0.132 (0.184)		
Share of part time		-0.359*** (0.147)			-0.016 (0.125)			0.343 (0.226)	
Share of women			-0.001 (0.056)			-0.023 (0.033)			-0.022 (0.070)

Notes: Each column shows the estimates of a regression $\hat{\beta}_o = \gamma_0 + \delta W_o + \eta_o$, where $\hat{\beta}_o$ represents the estimated occupation-specific child penalty, and W_o is a vector of occupation attributes, which are (1) the ratio of people who state that their job provides hour flexibility, (2) the ratio of women, and (3) the ratio of part time workers. These attributes are calculated using the sample of eventual parents before they had a child. In Panel A, the outcome is the employment penalty estimate in percentages coming from the regression $Emp_{o,iat}^g = \beta_o^g D_{it} + \mu_{o,a}^g + \lambda_{o,t}^g + \epsilon_{o,it}^g$, where $Emp_{o,iat}^g$ is a dummy equaling to one if individual i of gender g is employed in occupation o at time t , μ_a and λ_t are age and year fixed effects that control non-parametrically for lifecycle trends and time trends. Percentage effects are calculated by dividing $\hat{\beta}_o^g$ by the predicted outcome absent child effects: $P_o^g = \frac{\hat{\beta}_o^g}{E[Y_{o,iat}^g]}$. In Panels B and C, the outcome variable is the income and hour penalty estimate coming from the regression $\ln(Y_{iat}^{o,g}) = \gamma^{o,g} D_{it} + \mu_a^{o,g} + \lambda_t^{o,g} + \epsilon_{it}^{o,g}$. Robust standard errors are shown in parenthesis. * $p < 0.10$, ** $p < 0.05$, *** $p < 0.01$

B Empirical Bayes Correction

This section replicates the main results of the paper using Empirical Bayes.

Let β_j be the child penalty in occupation j for gender g , where I suppress g for notational purposes. Let $\hat{\beta}_j$ be an estimate of β_j . For example, Figure 2 in the main text shows the OLS estimates of Child employment penalties across the 22 major occupations separately for both men and women. Assume that the identification strategy is correct, hence $\hat{\beta}_j$'s are unbiased estimators of unknown β_j 's:

$$\hat{\beta}_j | \beta_j \sim N(\beta_j, s_j^2)$$

Let F denote the distribution of occupation-specific child penalties. Suppose F is a normal distribution and independent of s_j 's. This gives the following hierarchical model:

$$\begin{aligned} \hat{\beta}_j | \beta_j, s_j &\sim N(\beta_j, s_j^2) \\ \beta_j | s_j &\sim N(\mu_\beta, \sigma_\beta^2) \end{aligned}$$

In this normal/normal model, the posterior mean and variance for β_j given $\hat{\beta}_j$ is given by

$$\begin{aligned} \beta_j^* &\equiv E[\beta_j | \hat{\beta}_j] = \left(\frac{\sigma_\beta^2}{\sigma_\beta^2 + s_j^2} \right) \hat{\beta}_j + \left(\frac{s_j^2}{\sigma_\beta^2 + s_j^2} \right) \mu_\beta \\ s_j^{2*} &\equiv E[s_j^2 | \hat{\beta}_j] = \frac{s_j^2 \sigma_\beta^2}{s_j^2 + \sigma_\beta^2} \end{aligned}$$

I use the following estimators for the hyperparameters $\mu_\beta, \sigma_\beta^2$.

$$\begin{aligned} \hat{\mu}_\beta &= \frac{1}{J} \sum_{j=1}^J \hat{\beta}_j \\ \hat{\sigma}_\beta^2 &= \frac{1}{J} \sum_{j=1}^J \left[(\hat{\beta}_j - \hat{\mu}_\beta)^2 - s_j^2 \right] \end{aligned}$$

Replacing the unknown parameters by their estimates, I obtain the Empirical Bayes posterior mean and variance:

$$\begin{aligned} \hat{\beta}_j^* &= \left(\frac{\hat{\sigma}_\beta^2}{\hat{\sigma}_\beta^2 + s_j^2} \right) \hat{\beta}_j + \left(\frac{s_j^2}{\hat{\sigma}_\beta^2 + s_j^2} \right) \hat{\mu}_\beta \\ \hat{s}_j^{2*} &= \frac{\hat{s}_j^2 \hat{\sigma}_\beta^2}{\hat{s}_j^2 + \hat{\sigma}_\beta^2} \end{aligned}$$

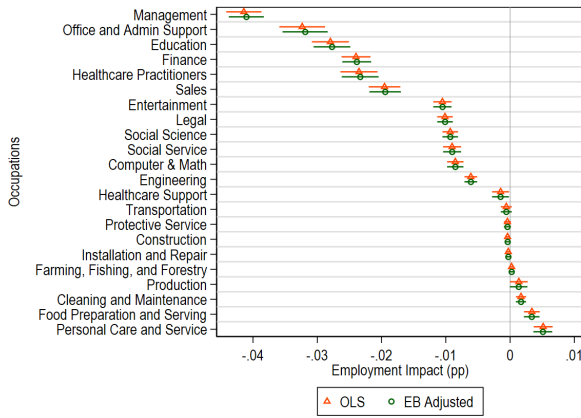
Using the posterior distribution of occupation child penalties, I replicate Figures 2 and 3 of the main text. Figure B.3 plots the 95% confidence intervals of the child employment penalties for the 22 major occupation groups. Notice that OLS and EB estimates are similar. This is because

child penalties are precisely estimated compared to the observed variation in point estimates across occupations. Therefore, EB updating assigns most of the weight to the data and less of the weight to the prior. This is different for the income and hour penalties, which are plotted in Figure B.4. As the hour and income penalty estimates are less precise and the observed variation across occupations is less prevalent, EB and OLS estimates differ. For example, EB assigns practically all the weight to the prior for Men's income penalties.

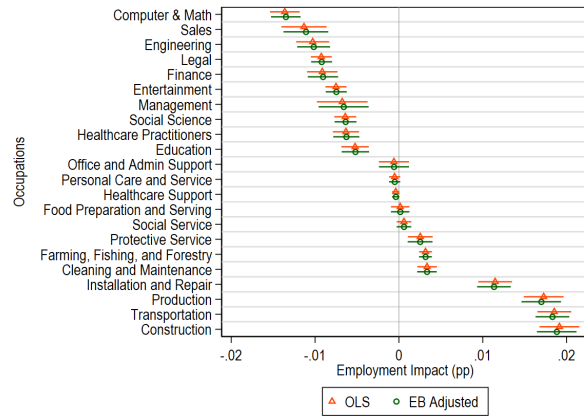
How much the EB adjustment moves the OLS estimates can also be seen in Figure B.5, which displays the scatter plot of OLS and EB estimates of child penalties. As employment effects are precisely estimated in OLS, EB and OLS estimates mostly align on the 45 degree line. However, as the hour and income penalty estimates are less precise, EB estimates are visibly different from OLS estimates.

Figure B.6 replicates Figure 3 using EB adjusted child penalty estimates. Results remain robust. Both men and women lose more jobs after becoming parents in occupations with more temporal flexibility. Consequently, the inequality-inducing part of the child penalty (i.e., the relative impact on women compared to men) remains the same. In contrast, women lose fewer jobs in occupations with more part-time availability, and men are largely unaffected. Therefore, there is a smaller difference across genders in occupations with more part-time availability.

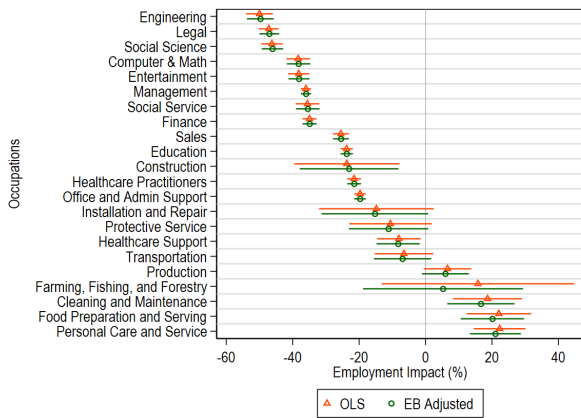
Figure B.3: Occupational Heterogeneity in Child Employment Penalty: OLS vs EB estimates



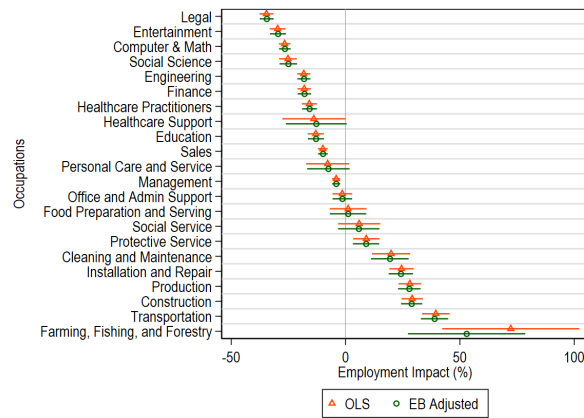
(a) Employment penalties for women (in pp)



(b) Employment penalties for men (in pp)



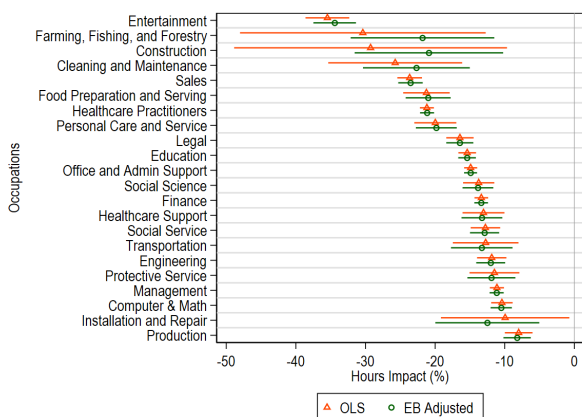
(c) Employment penalties for women (in %)



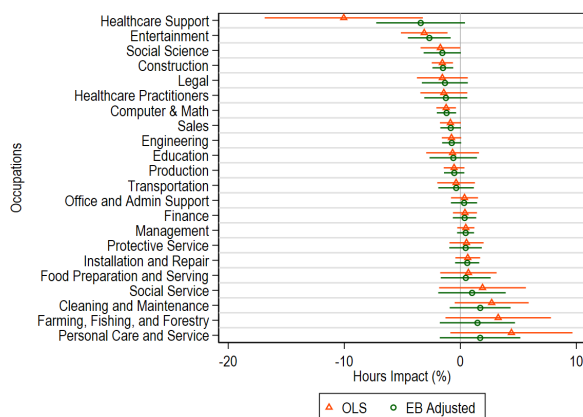
(d) Employment penalties for men (in %)

Note: This figure plots the OLS estimates alongside the estimated mean and the 95% confidence interval of the occupation-gender specific child penalties based on the Bayesian posterior, where the distribution for the occupation penalties (for each gender) is assumed to be normal with known mean and variance. Posterior is obtained using empirical bayes, separately for each gender.

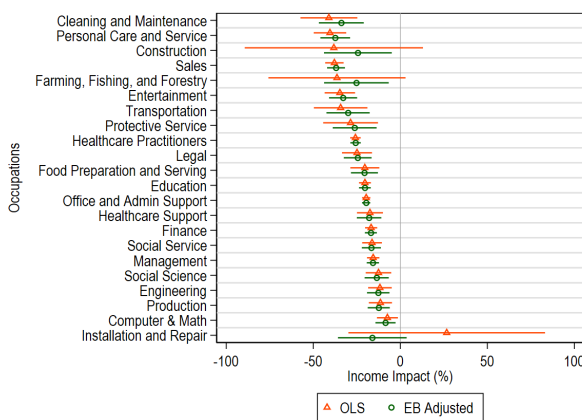
Figure B.4: Occupational Heterogeneity in Child Income and Hour Penalties: OLS vs EB estimates



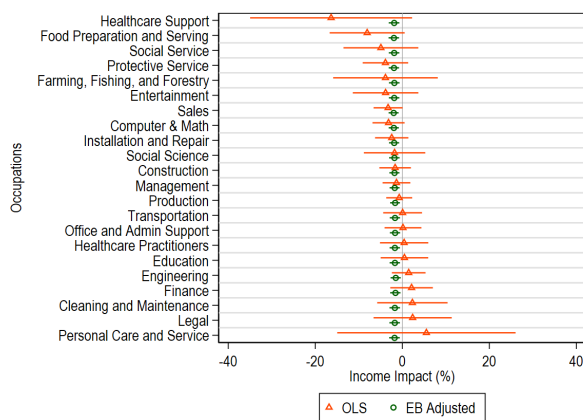
(a) Hours penalties for women (in %)



(b) Hours penalties for men (in %)



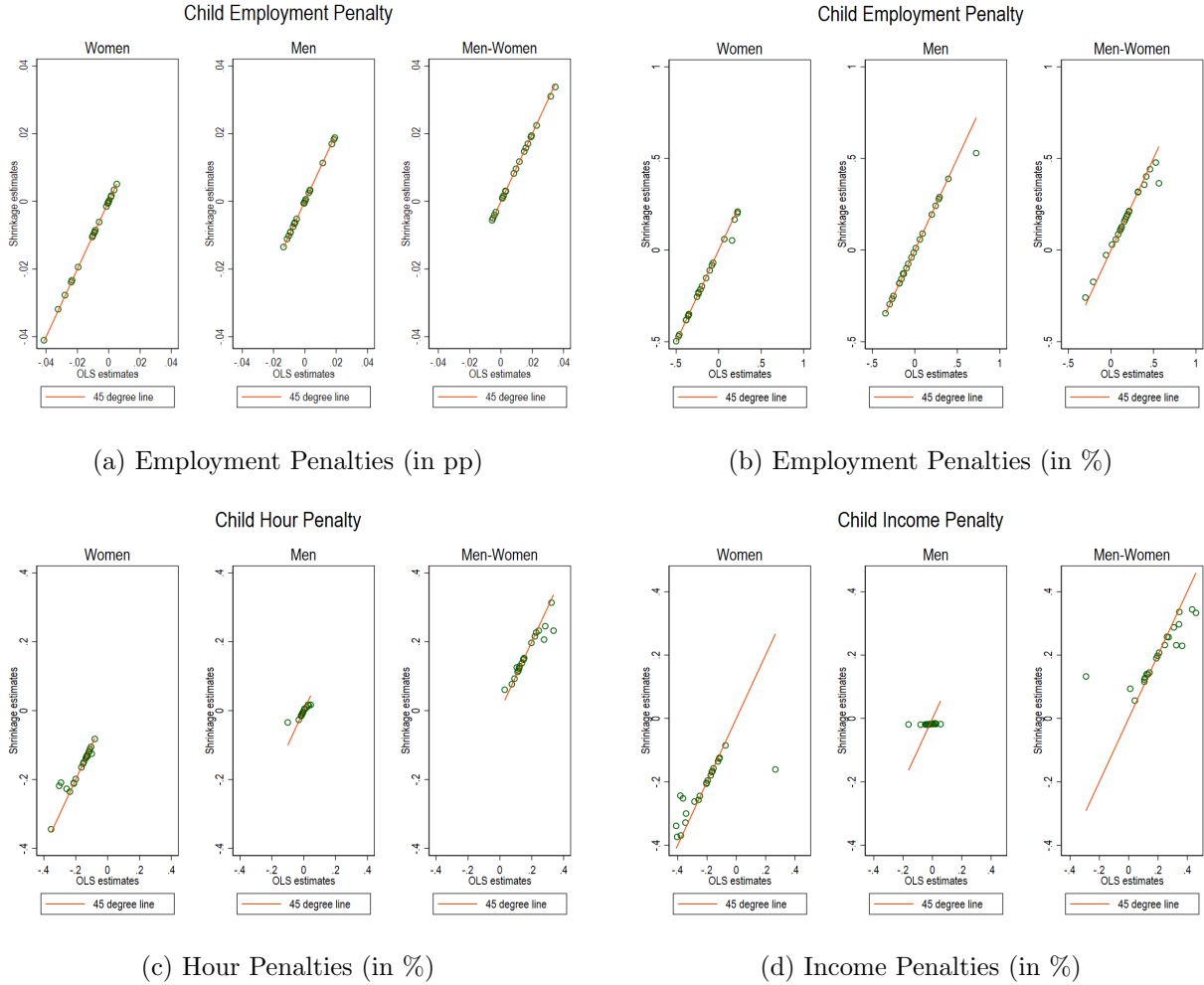
(c) Income penalties for women (in %)



(d) Income penalties for men (in %)

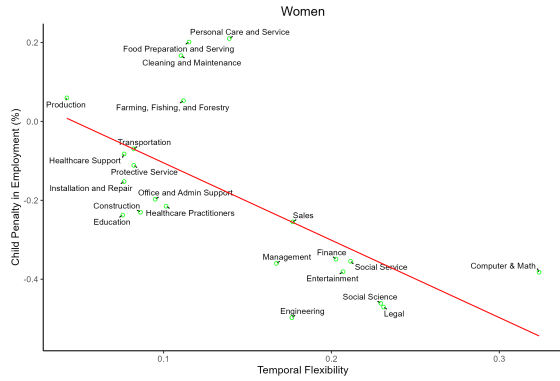
Note: This figure plots the OLS estimates alongside the estimated mean and the 95% confidence interval of the occupation-gender specific child penalties based on the Bayesian posterior, where the distribution for the occupation penalties (for each gender) is assumed to be normal with known mean and variance. Posterior is obtained using empirical bayes, separately for each gender.

Figure B.5: Comparison of OLS and EB estimates

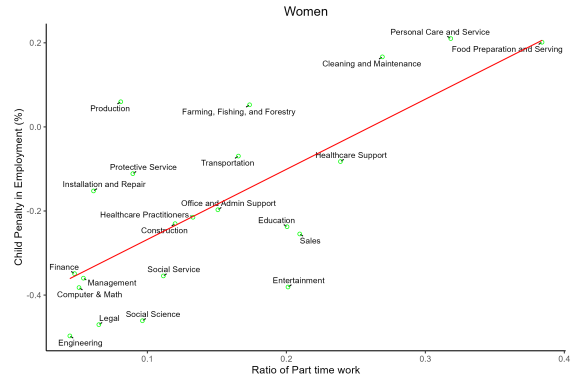


Note: OLS estimates on employment come from the regression $Emp_{o,iat}^g = \beta_o^g D_{it} + \mu_{o,a}^g + \lambda_{o,t}^g + \epsilon_{o,it}^g$, where $Emp_{o,iat}^g$ is a dummy equaling to one if individual i of gender g is employed in occupation o at time t , μ_a and λ_t are age and year fixed effects that control non-parametrically for lifecycle trends and time trends. Superscripts mean sample restrictions. For each gender $g = m, w$, 22 separate regressions are run for each occupation-specific outcome. To obtain percentage estimates, I divide the level estimates β_o^g with predicted outcome absent child effects: $P_o^g = \frac{\beta_o^g}{E[\tilde{Y}_{o,iat}^g]}$, where $\tilde{Y}_{o,iat}^g$ is the predicted employment rate when omitting the contribution of the child effect. Results on income and hours come from the regression $\ln(Y_{iat}^{o,g}) = \gamma^{o,g} D_{it} + \mu_a^{o,g} + \lambda_t^{o,g} + \epsilon_{it}^{o,g}$, where the outcome is either the log income or the log hours worked of an individual i at time t . $\hat{\gamma}^{o,g}$ estimates come from 44 different samples for each occupation-gender combination. EB estimates update the OLS estimates using a normal prior with known mean and variance. The exact equations can be found in the Online Appendix.

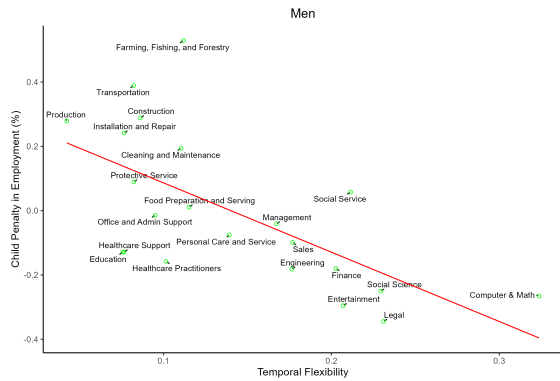
Figure B.6: Correlates with Occupation-level Child Penalties (with Empirical Bayes correction)



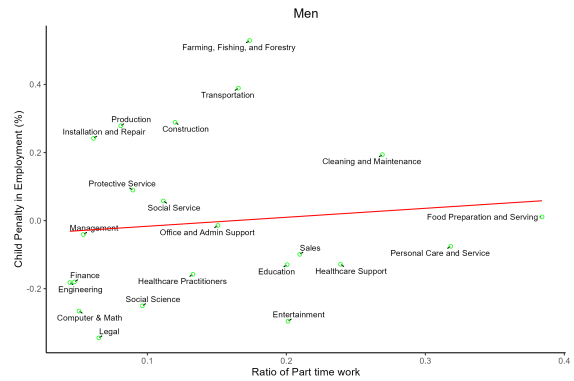
(a) Female penalty: hour flexibility



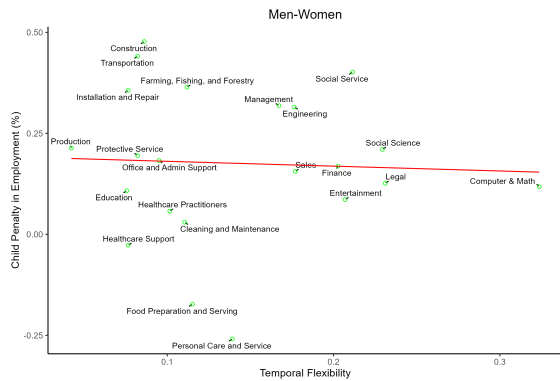
(b) Female penalty: availability of part-time



(c) Male penalty: hour flexibility



(d) Male penalty: availability of part-time



(e) Child penalty: hour flexibility



(f) Child penalty: availability of part-time

Notes: The occupational correlates are (1) the ratio of people who state that their job provides hour flexibility and (2) the ratio of part-time workers. These attributes are calculated using the sample of all workers without kids in the CPS. Empirical Bayes corrected child penalty estimates are used.

Table B.4: Correlates with Occupation-level Child Penalties

	Women			Men			Inequality: Men - Women		
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
Panel A: Employment (in %)									
Hour flexibility	-1.961*** (0.412)			-2.156*** (0.503)			-0.120 (0.381)		
Share of part time		1.668*** (0.287)			0.264 (0.387)			-1.334*** (0.275)	
Share of women			0.025 (0.159)			-0.538*** (0.155)			-0.496*** (0.123)
Panel B: Income									
Hour flexibility	0.246 (0.262)			-0.003 (0.003)			-0.221 (0.286)		
Share of part time		-0.519*** (0.223)			-0.004 (0.003)			0.371 (0.254)	
Share of women			-0.036 (0.064)			0.000 (0.001)			0.012 (0.072)
Panel C: Hours									
Hour flexibility	-0.033 (0.205)			-0.031 (0.034)			0.026 (0.214)		
Share of part time		-0.358*** (0.095)			0.021 (0.031)			0.376*** (0.105)	
Share of women			-0.031 (0.039)			-0.008 (0.014)			0.014 (0.054)

Notes: Each column shows the estimates of a regression $\hat{\beta}_o = \gamma_0 + \delta W_o + \eta_o$, where $\hat{\beta}_o$ represents the estimated occupation-specific child penalty, and W_o is a vector of occupation attributes, which are (1) the ratio of people who state that their job provides hour flexibility, (2) the ratio of women, and (3) the ratio of part time workers. These attributes are calculated using the sample of all workers without kids. The outcome variables are the Empirical Bayes estimates of child penalties. Robust standard errors are shown in parenthesis. * $p < 0.10$, ** $p < 0.05$, *** $p < 0.01$